

# La PET nella patologia benigna

## *A. Castagnoli*

UOC Medicina Nucleare  
Ospedale Santo Stefano, Prato

# Biomarkers

“a characteristic that is objectively measured and evaluated as an indicator of normal biological **processes**, pathogenic processes, or pharmacologic responses to a therapeutic intervention.” NIH

“any substance, structure, or process that can be measured in the body or its products and influence or **predict the incidence of outcome** or disease” WHO

objective indications of medical state  
**observed from outside** the patient



visualizzazione  
dei processi

**Medicina Nucleare**

**utilizza biomarkers**

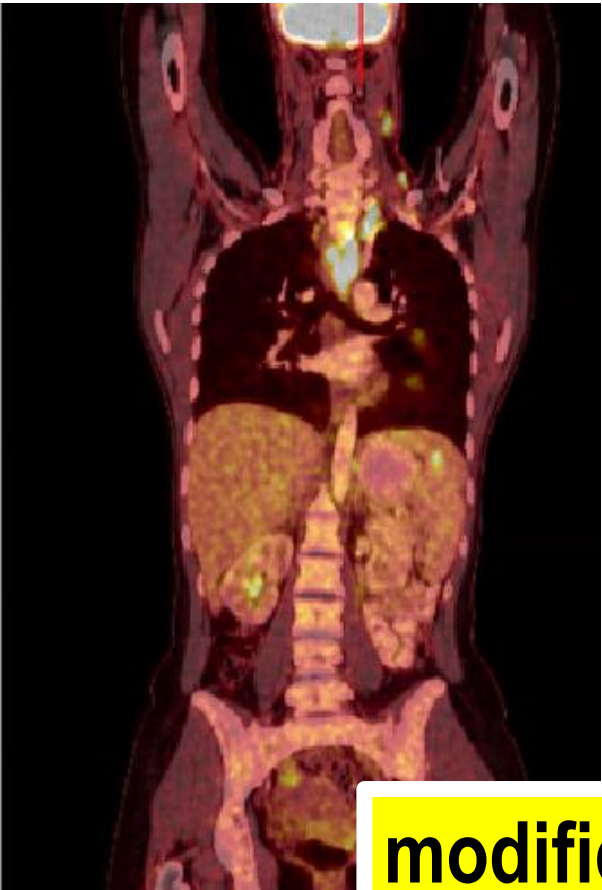


# F18DG-PET

## biomarker della glicolisi



HL



**oncologia**

**modifica fino al  
20-40 % l' iter  
dei pazienti  
oncologici**

Hillner BE Cancer 2009; 115(2)410-418

Pictorial Review

# FDG PET/CT in infection and inflammation—current and emerging clinical applications

S. Vaidyanathan<sup>a,b</sup>, C.N. Patel<sup>a,b</sup>, A.F. Scarsbrook<sup>a,b</sup>, F.U. Chowdhury<sup>a,b,\*</sup>

# F18DG Biomarker

rBF; Glut 1 ;  
Glut3; esochinasi

visualizzazione  
della glicolisi

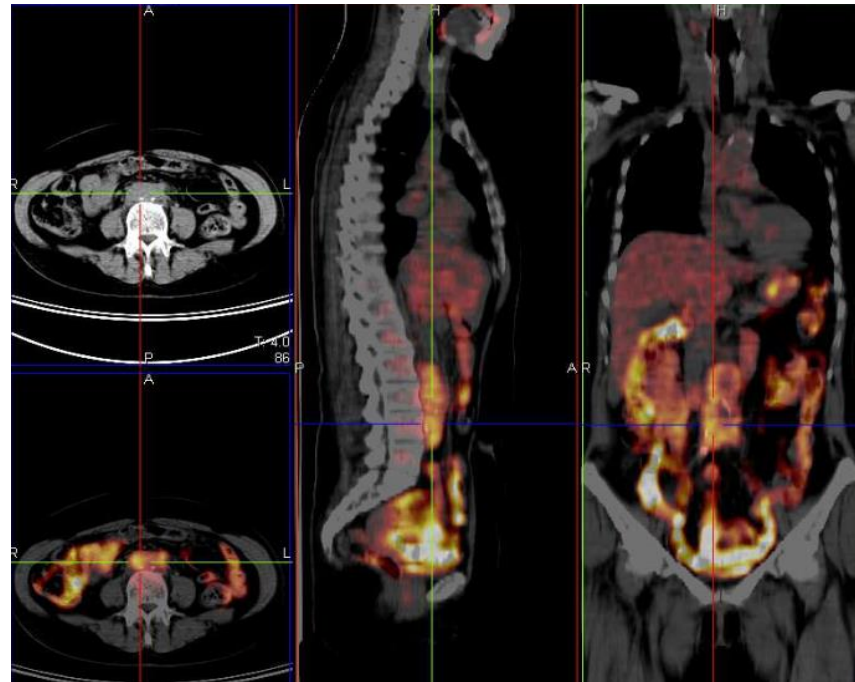
•Diagnosi  
•Grading

risposta al  
trattamento

## EANM/SNMMI Guideline for <sup>18</sup>F-FDG Use in Inflammation and Infection\*

Francois Jamar<sup>1</sup> (Chair), John Buscombe<sup>2</sup>, Arturo Chiti<sup>3</sup>, Paul E. Christian<sup>4</sup>, Dominique Delbeke<sup>5</sup>, Kevin J. Donohoe<sup>6</sup>, Ora Israel<sup>7</sup>, Josep Martin-Comin<sup>8</sup>, and Alberto Signore<sup>9</sup>

THE JOURNAL OF NUCLEAR MEDICINE • Vol. 54 • No. 4 • April 2013



Fibrosi retroperitoneale

Pictorial Review

# FDG PET/CT in infection and inflammation—current and emerging clinical applications

S. Vaidyanathan<sup>a,b</sup>, C.N. Patel<sup>a,b</sup>, A.F. Scarsbrook<sup>a,b</sup>, F.U. Chowdhury<sup>a,b,\*</sup>

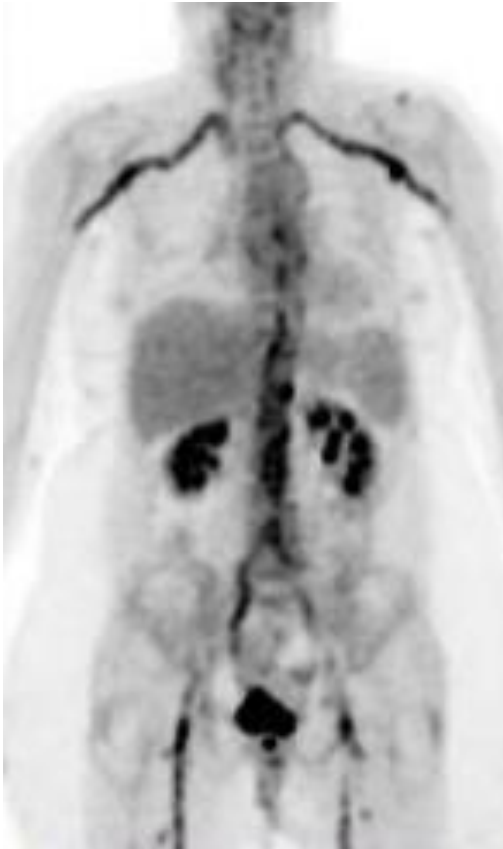
Clinical Radiology 70 (2015) 787–800

**vasculiti**  
**spondilodisciti**  
**sarcoidosi**  
**FUO**  
**connettiviti**  
**polimialgia reumatica**  
**periaortite**  
**fibrosi retroperitoneale**



sarcoidosi

# vasculiti

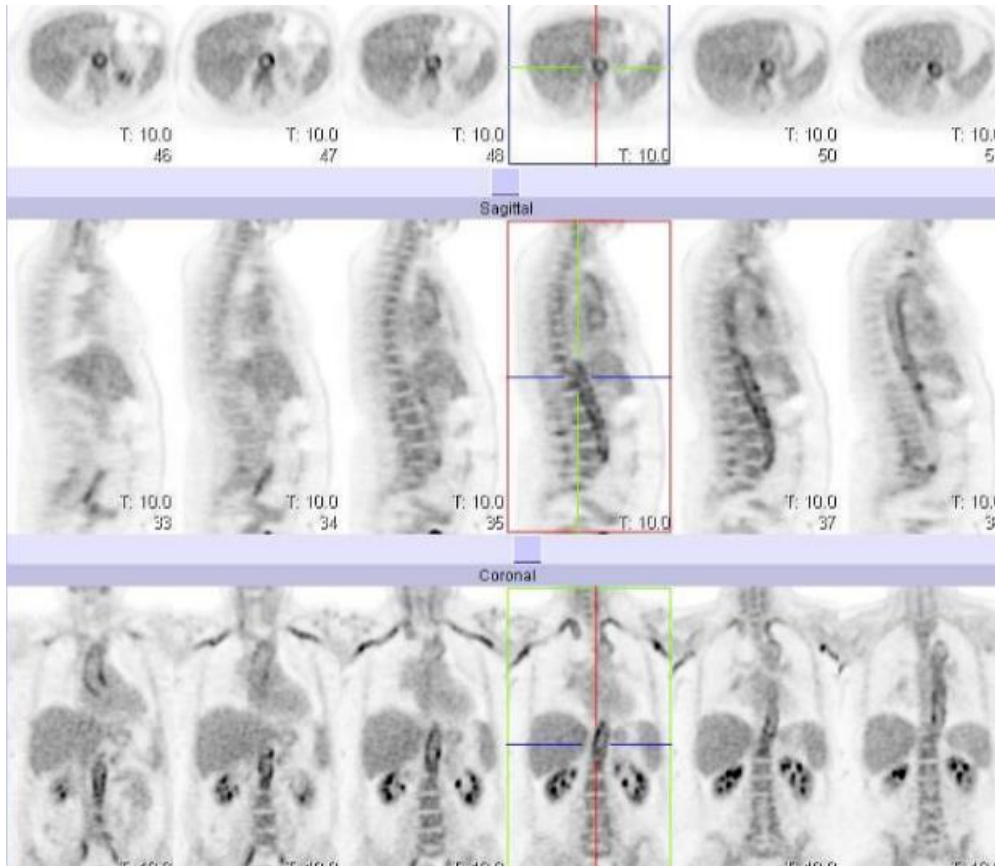


La FDG-PET è in grado di diagnosticare efficacemente le vasculiti in fase metabolicamente attiva ( Otsuka H 2007)

Sensibilità (77-92%)e Specificità (89-100%) nella diagnosi di vasculiti dei grossi vasi in presenza di elevati valori dei markers di flogosi (Zerizer I 2010, Webb M 2006)

In particolare la FDG-PET permette la diagnosi di vasculite più **precocemente** delle tecniche di imaging convenzionale permettendo di impostare rapidamente il corretto trattamento (Zerizer I 2010 )

# vasculiti



L'entità dell'uptake è **proporzionale** al grado di infiammazione  
Scala di grading a 4 punti con riferimento l'uptake epatico ( Walter MA 2005)

Scansione WB

**Estensione e valore prognostico**

Limite per i piccoli vasi e aterosclerosi

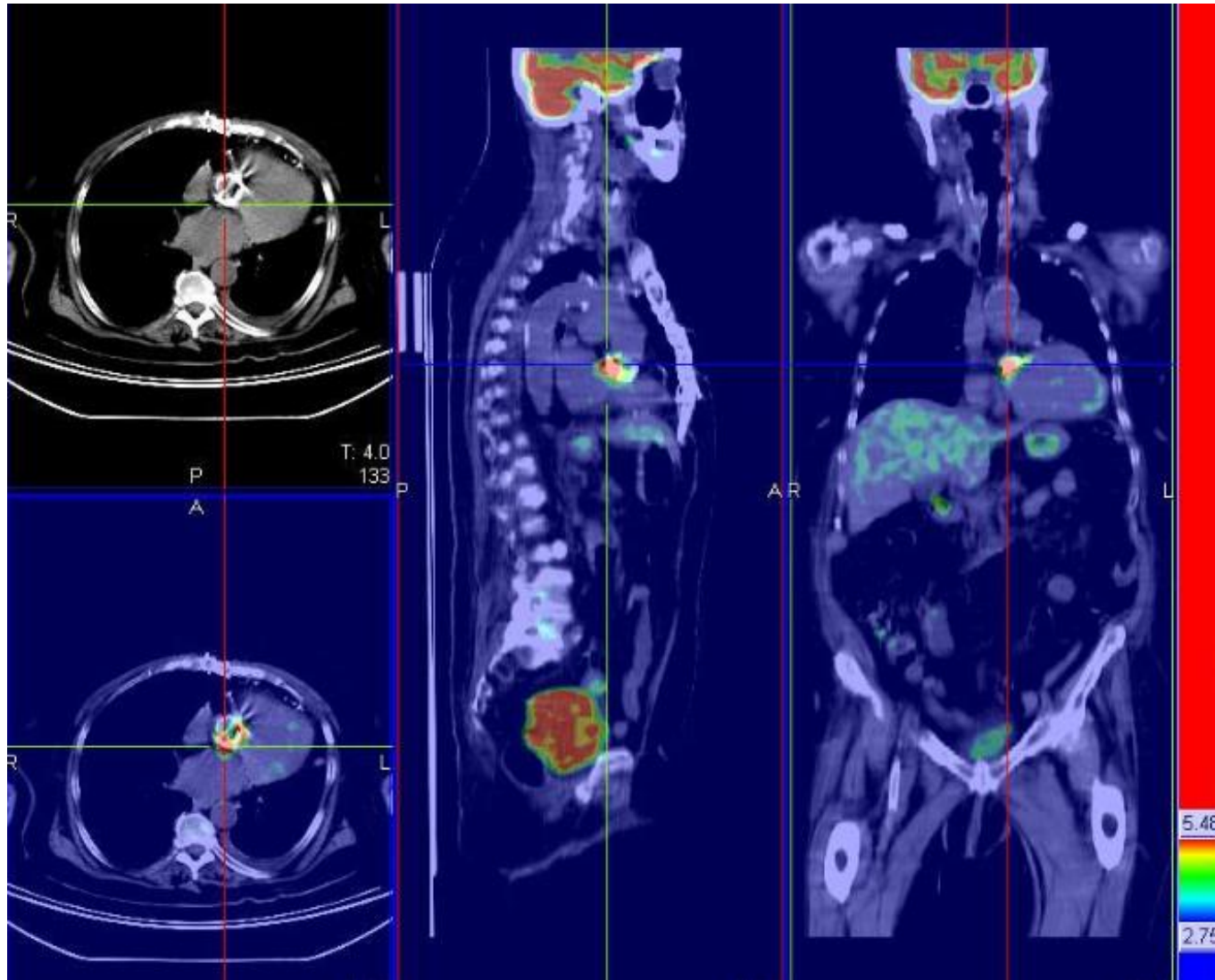
**Risposta al trattamento** ( Brodman M 2004, Tezuka D 2012)

Importanza di pazienti naive alla diagnosi



# FUO

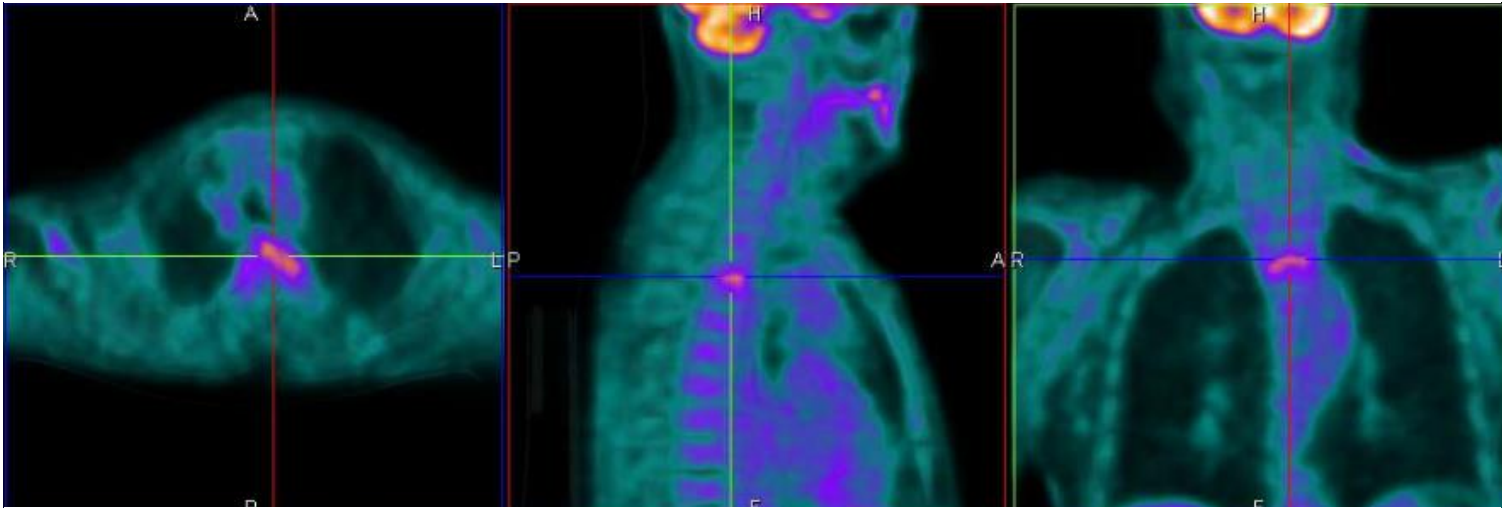
# Protesi infetta



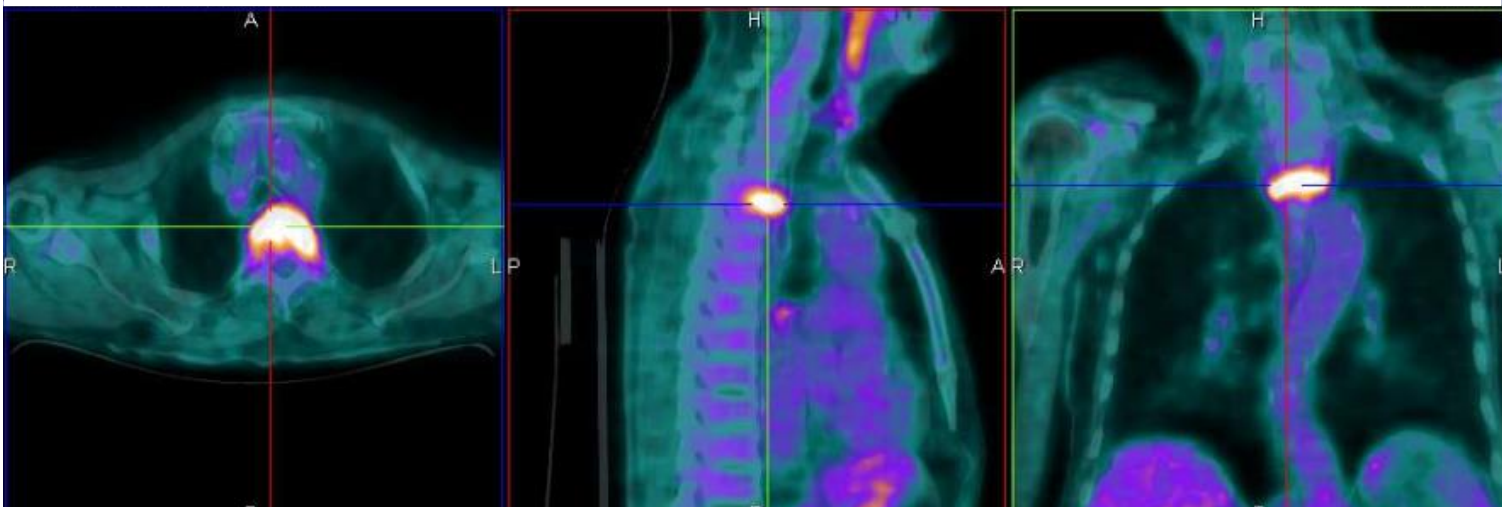
# spondilodisciti

buona risposta

dopo 3 settimane di terapia antibiotica



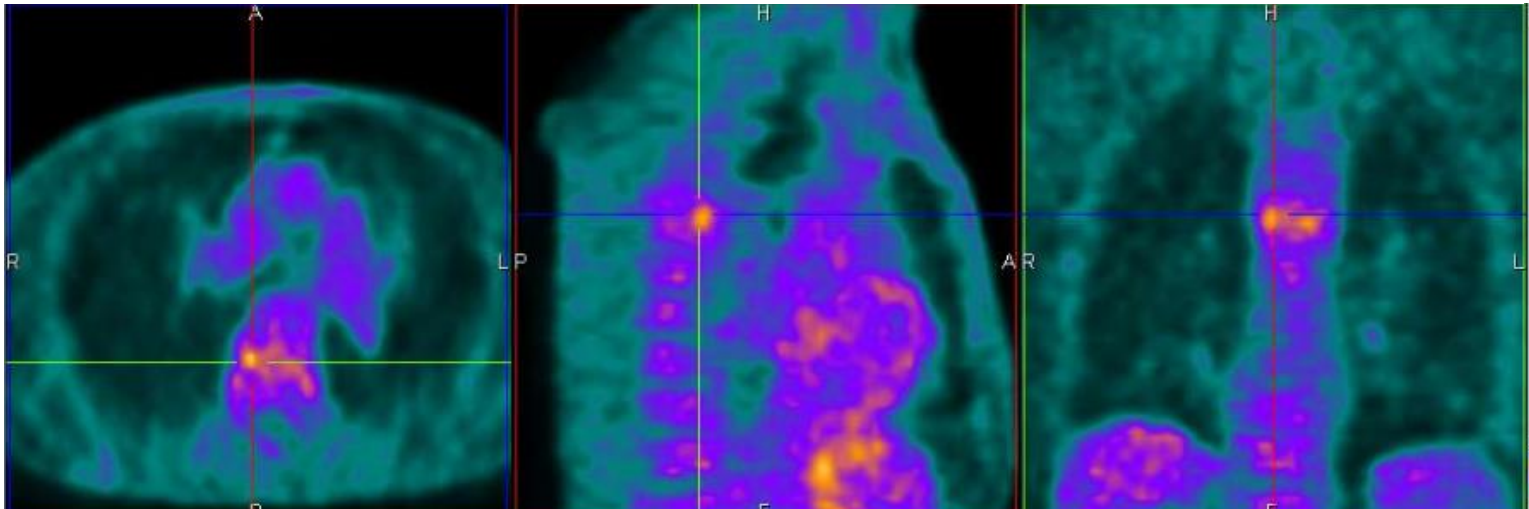
base



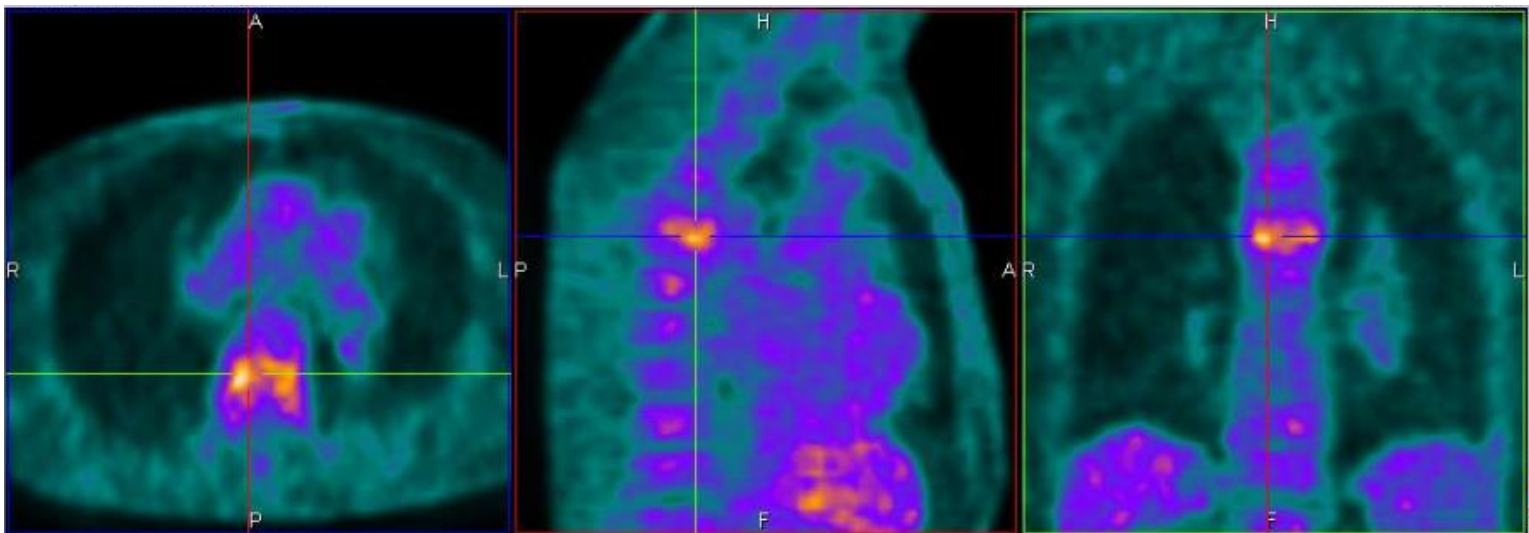
# spondilo disciti

ridotta risposta

dopo 3 settimane di terapia antibiotica

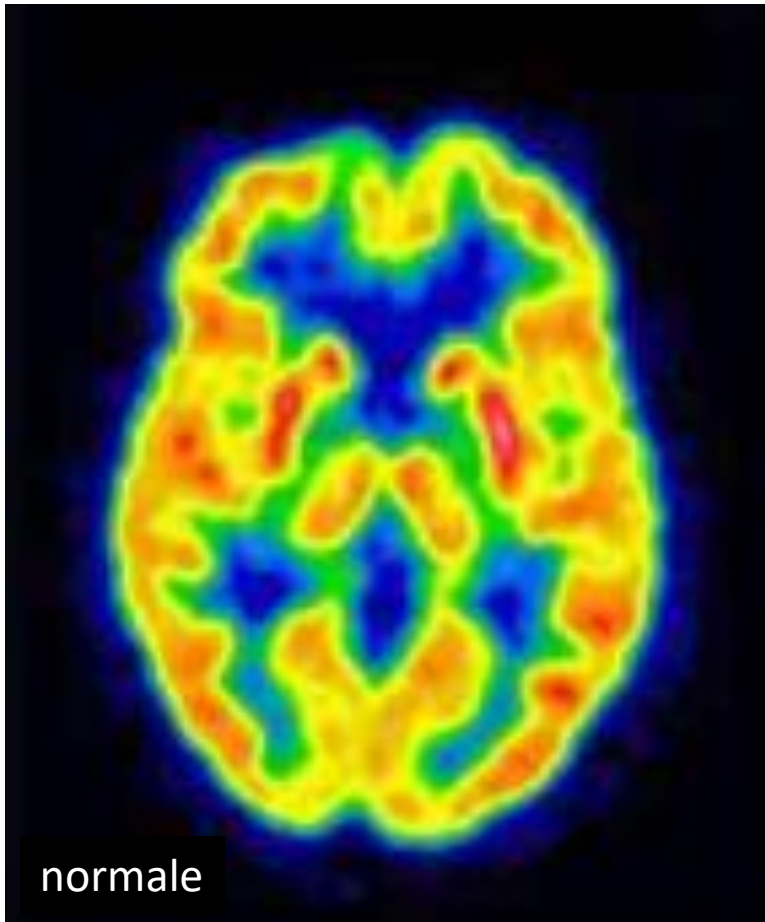


base



# m. neurodegenerative

FDG **biomarker** della glicolisi

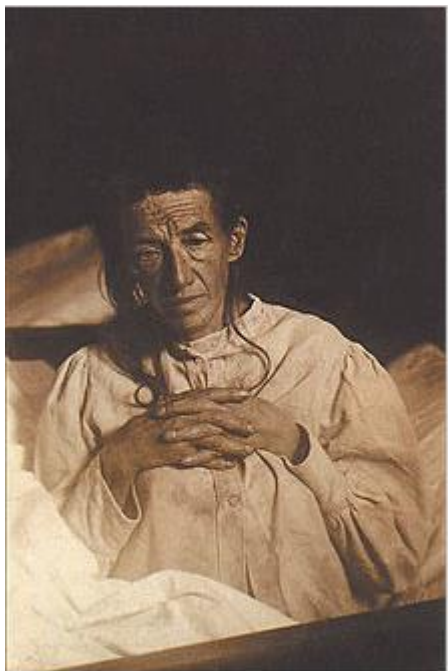


**Il cervello che rappresenta solo il 2 % del peso corporeo usa circa il 20% del glicosio**

# m. neurodegenerative

## Demenze

In Italia 1.2 milioni di persone sono affette da AD... ma si stima un incremento del 400 % come conseguenza dell'invecchiamento



La signora Auguste Deter (1850-1906), paziente del dottor Alois Alzheimer, il primo caso documentato della malattia.

**1 IN 3 SENIORS**  
DIES WITH ALZHEIMER'S  
OR ANOTHER DEMENTIA



**EVERY**  
**66 SECONDS**

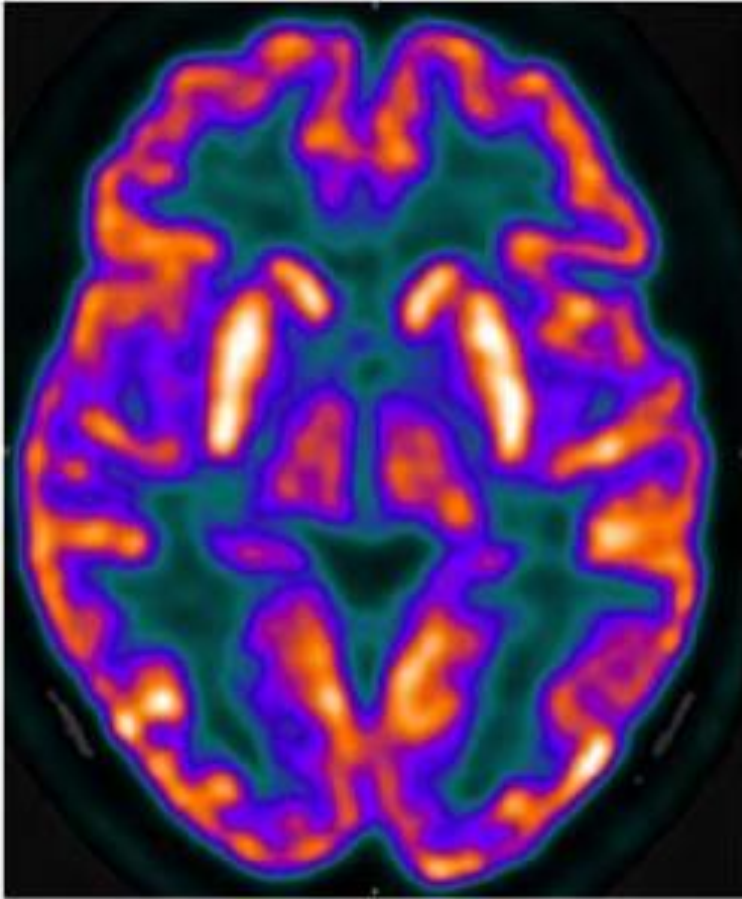
SOMEONE DEVELOPS THE DISEASE



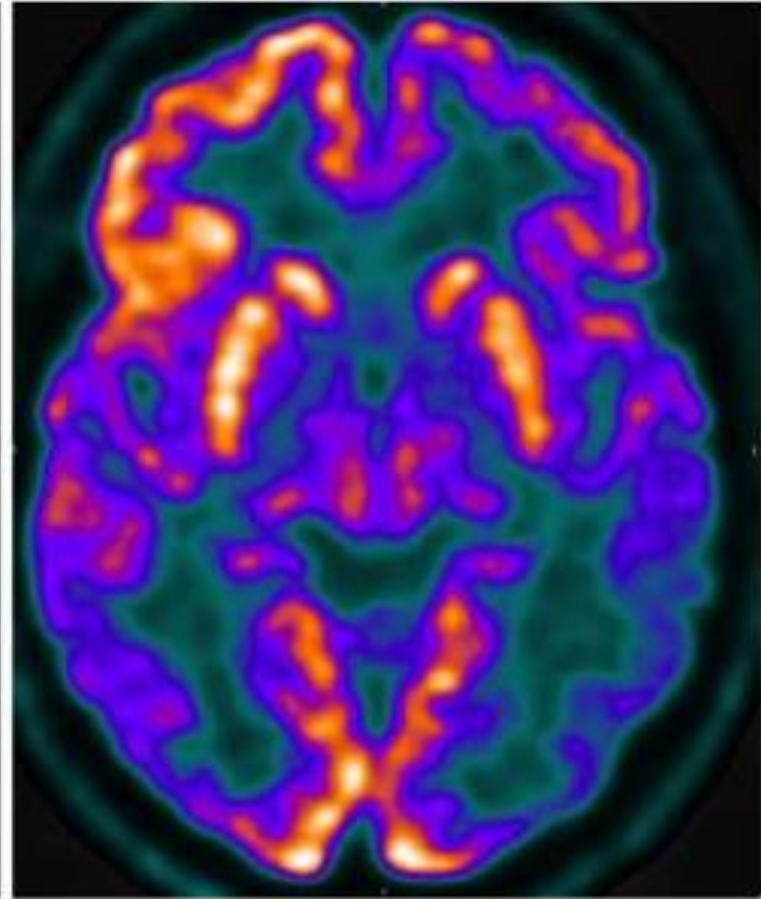
FAMILY CAREGIVERS SPEND MORE THAN  
**\$5,000 A YEAR**  
CARING FOR SOMEONE WITH ALZHEIMER'S

# m. neurodegenerative

FDG - PET



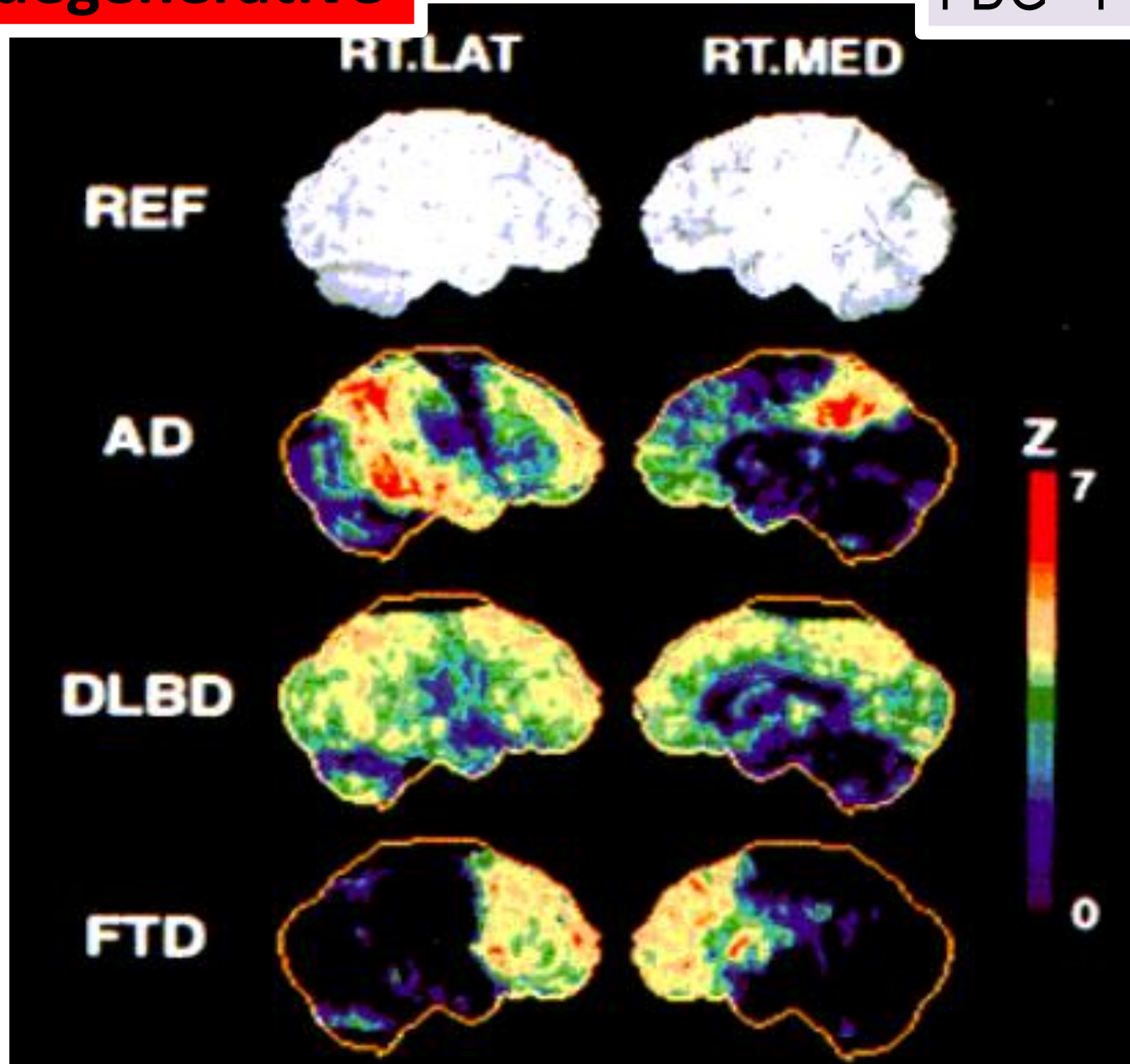
normale



AD

# m. neurodegenerative

FDG - PET

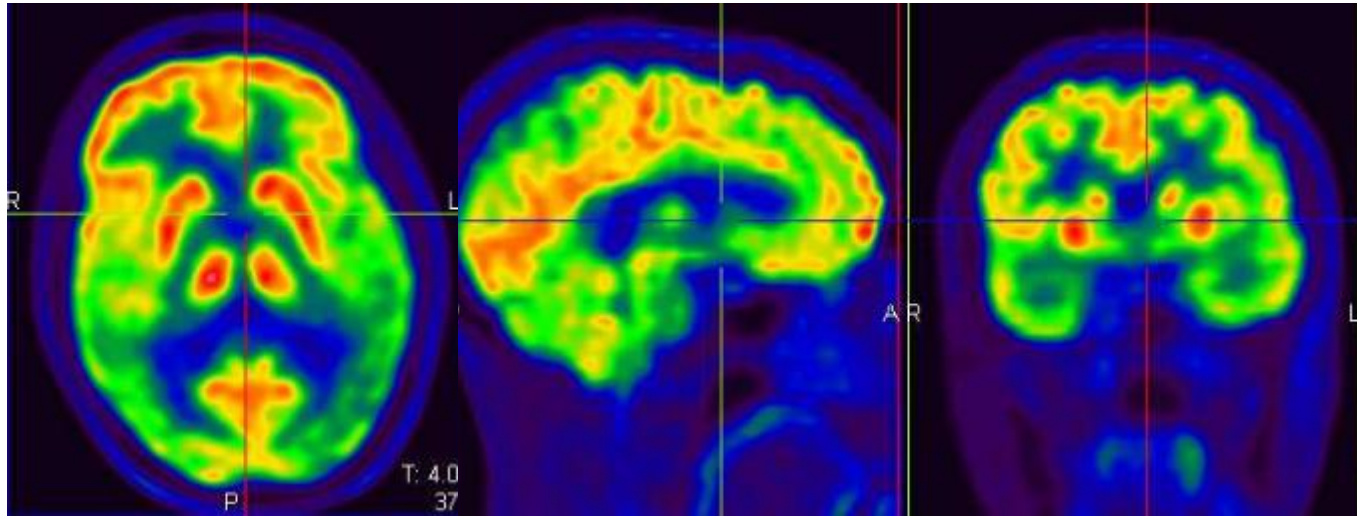


# neurologia

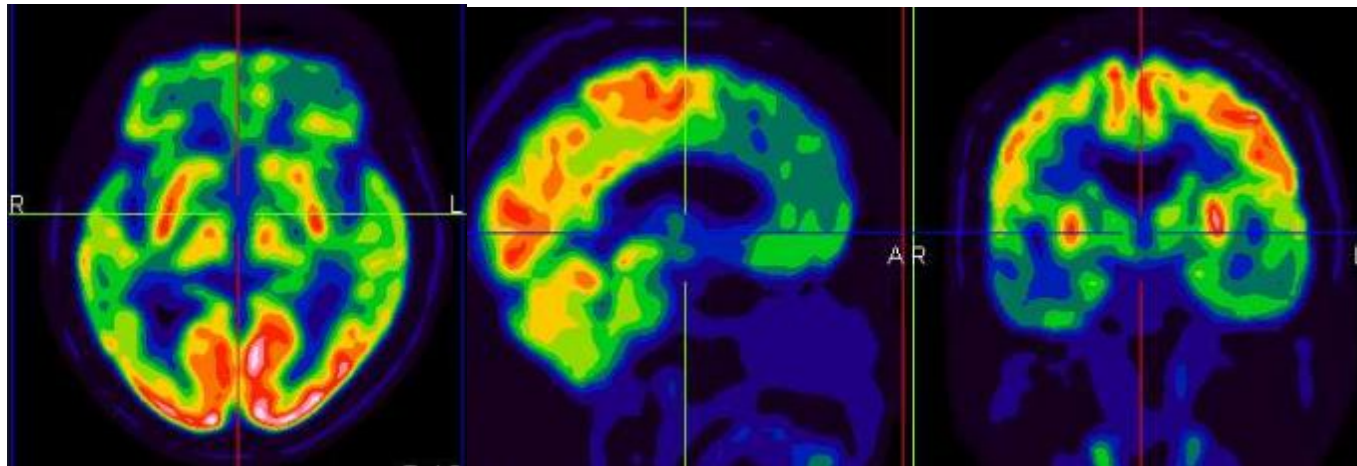
F18 -DG

Dismnesia

AD-like ?



Demenza  
multidominio  
AD frontale ?  
FTD?



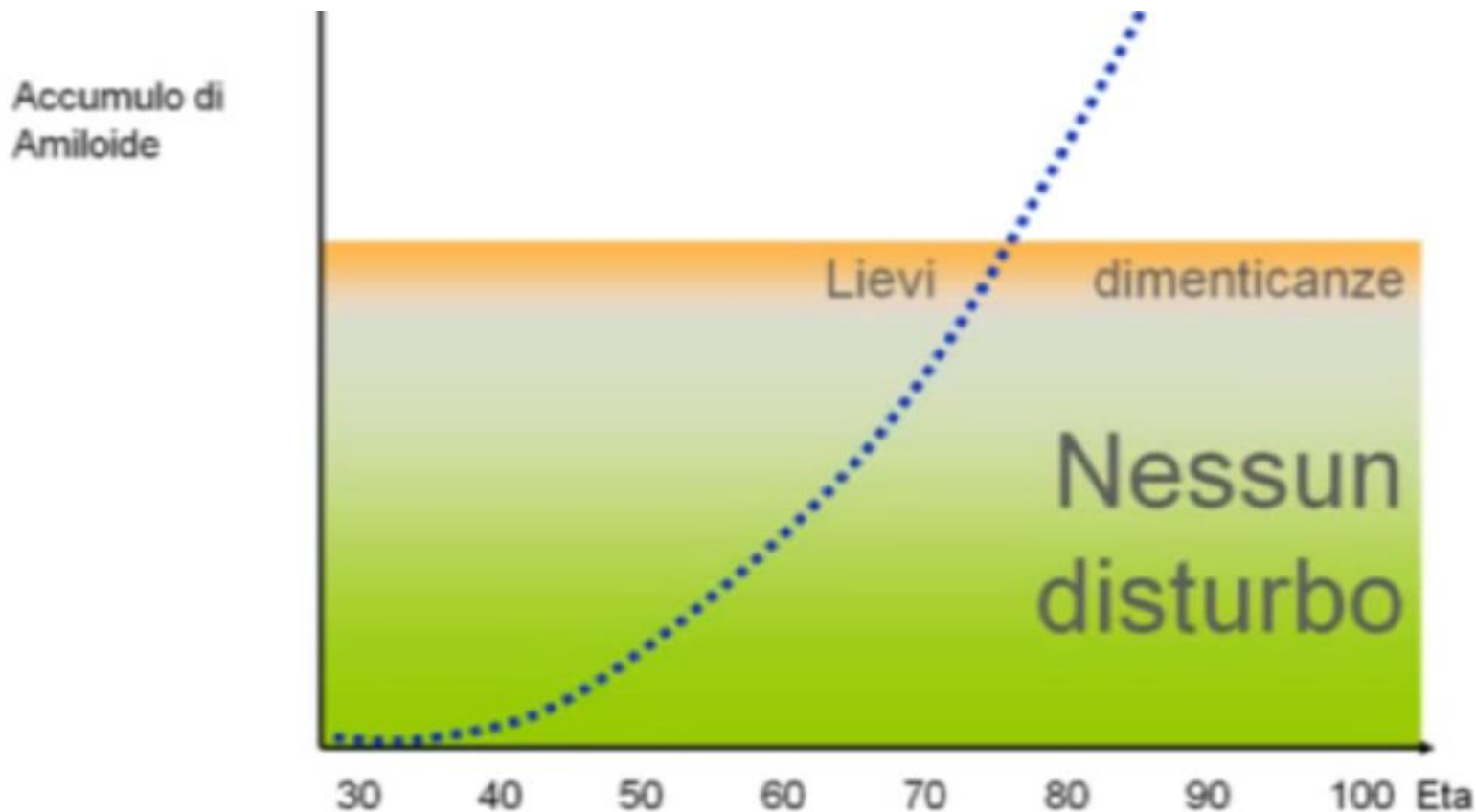
FTD ?



# m. neurodegenerative

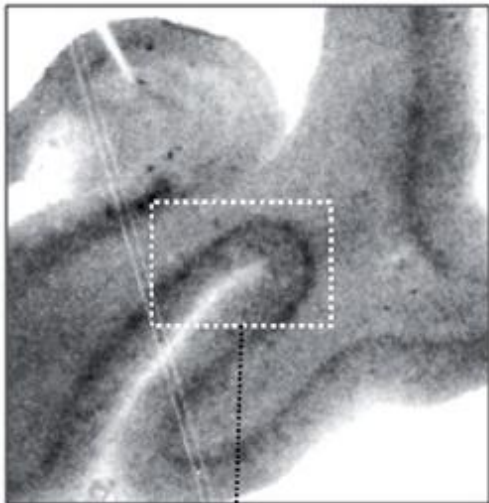
## Alzheimer Disease: la causa ?

Ora sappiamo che il peptide beta-amiloide, neurotossico, è l'elemento principale delle placche che si formano nei tessuti e nelle strutture vascolari cerebrali e che costituiscono uno dei marchi dell'AD

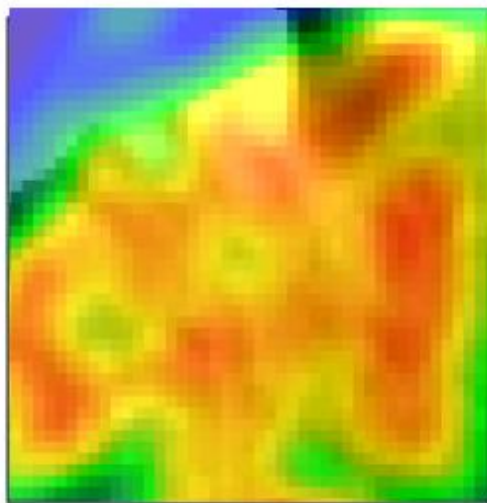


# m. neurodegenerative

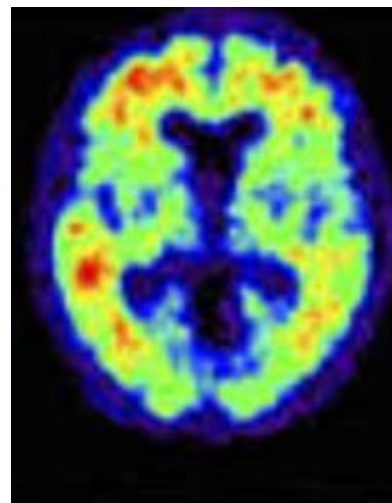
PET \* ligand della A $\beta$   
**biomarker**



Post-mortem



C11-PET ligand



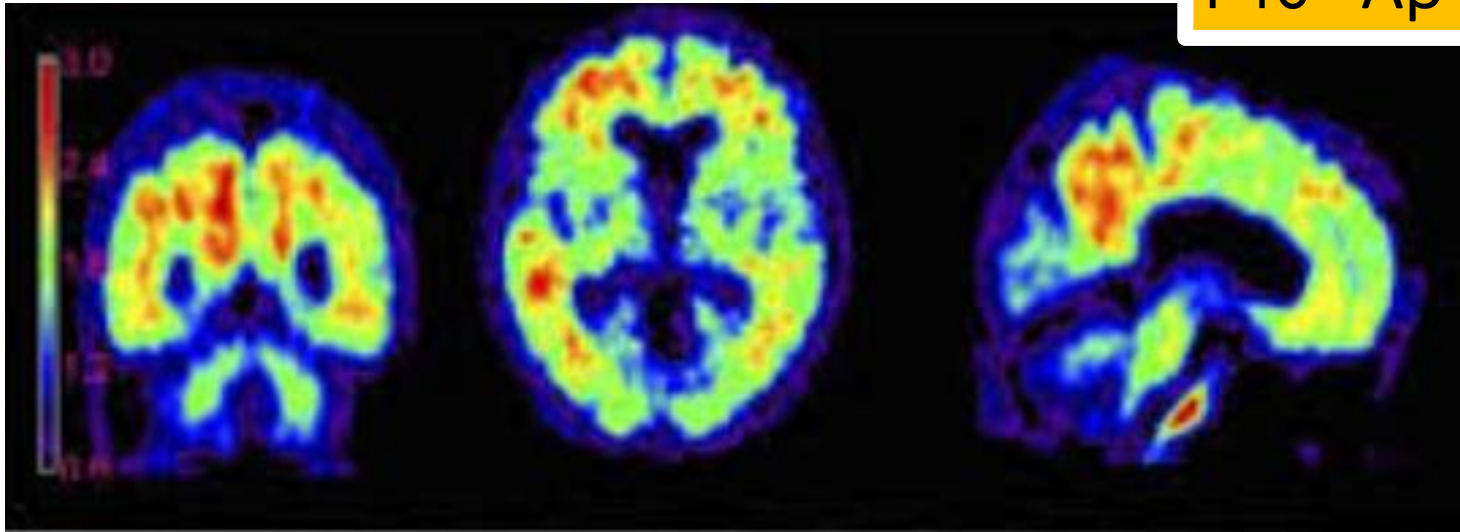
F18 ligand

Because the same misfolded protein can manifest as different and distinct clinical phenotypes, and a particular phenotype can be caused by different misfolded proteins, **definitive diagnosis is still reliant on post-mortem neuropathology**

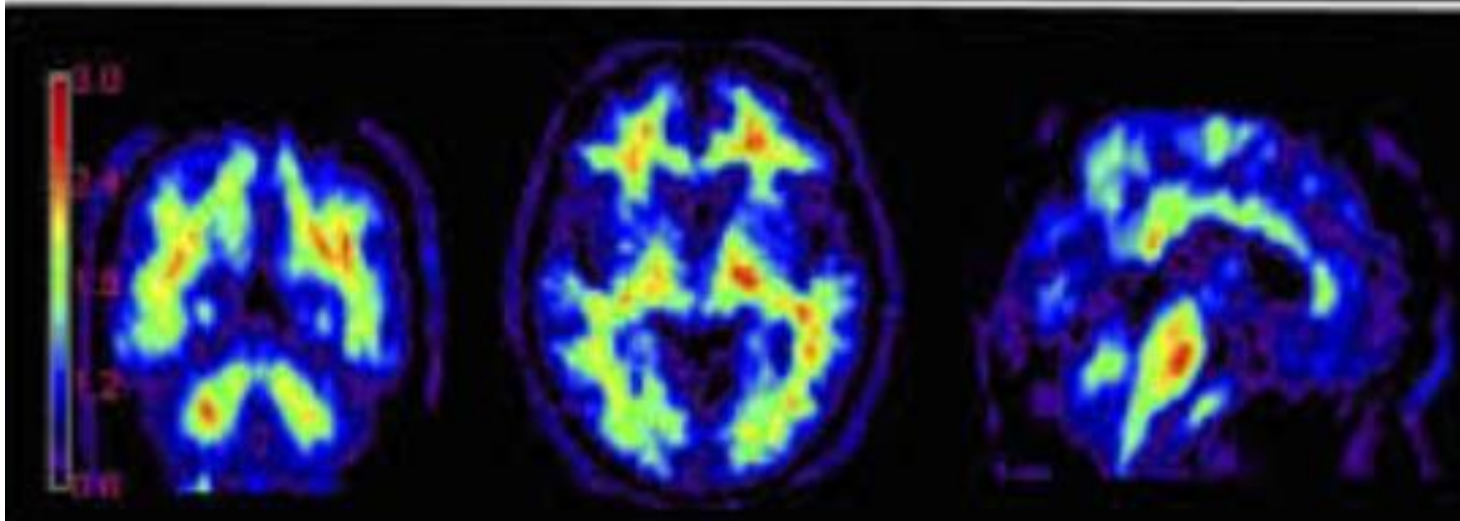
**... oggi non più necessario, perché possiamo vedere accumulo di proteine patogene direttamente in vivo.**

# m. neurodegenerative

F18 -A $\beta$  ligand



AD



controllo

F18 amyloid ligand

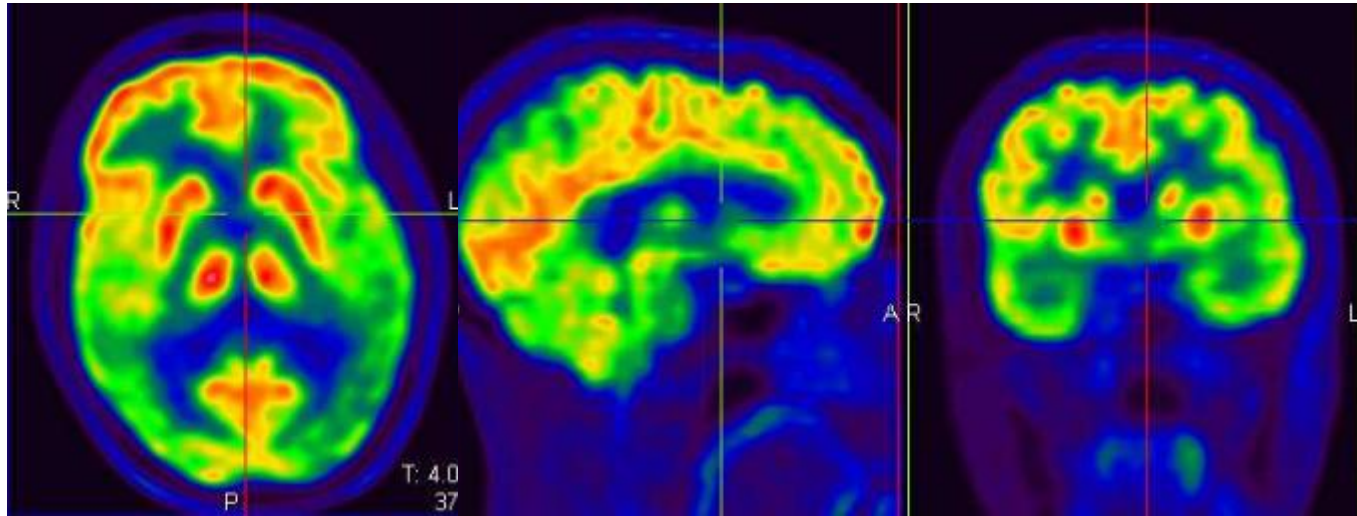
# m. neurodegenerative

F18 -DG

F18 -A $\beta$  ligand

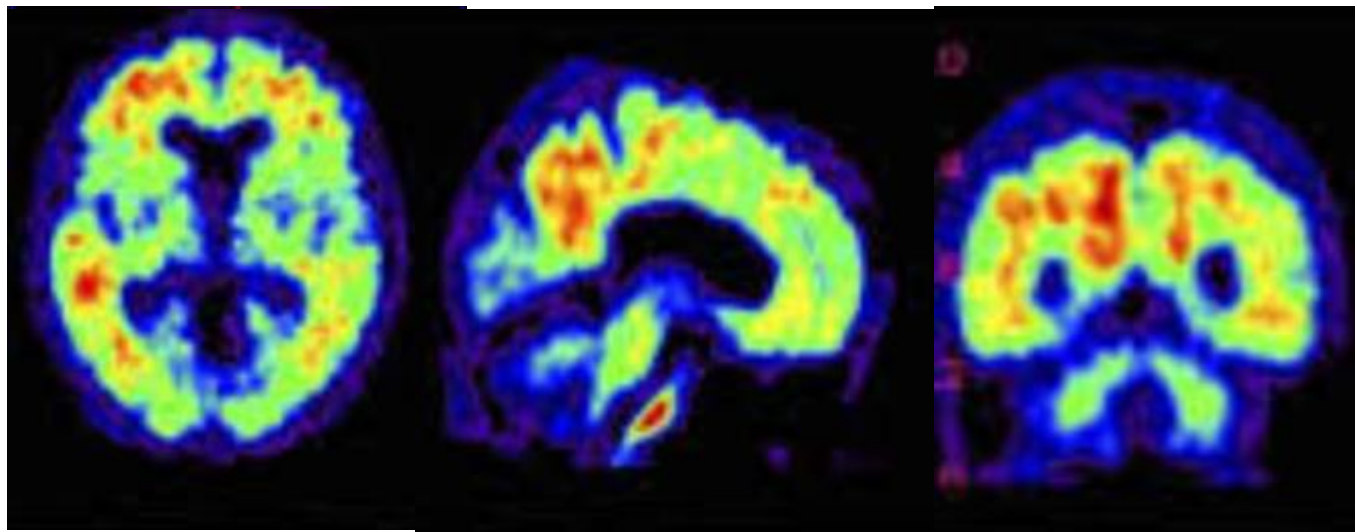
Dismnesia

AD-like



Captazione corticale

AD



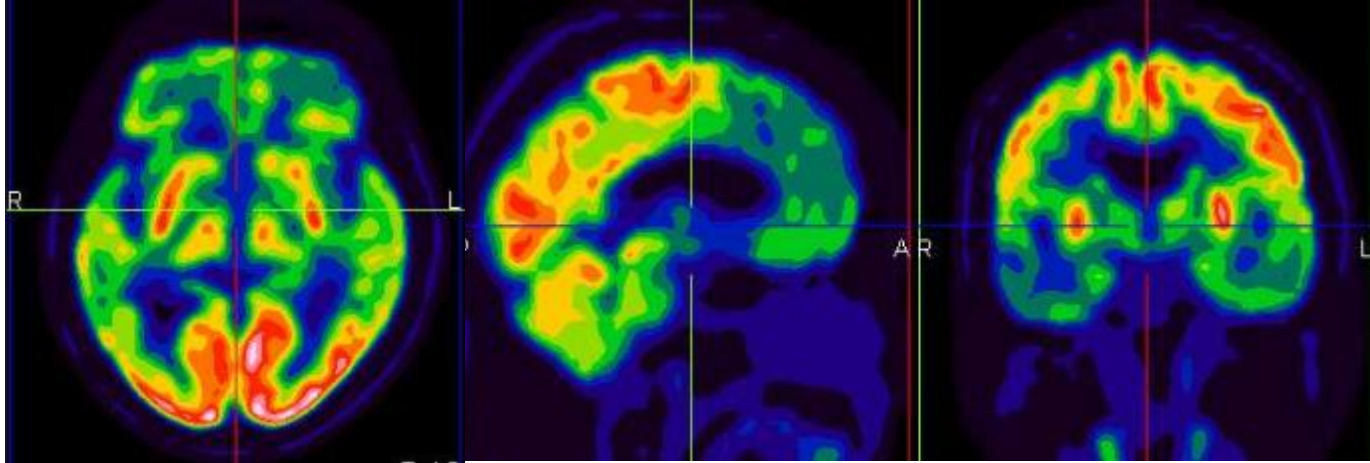
# m. neurodegenerative

F18 -DG

F18 -A $\beta$  ligand

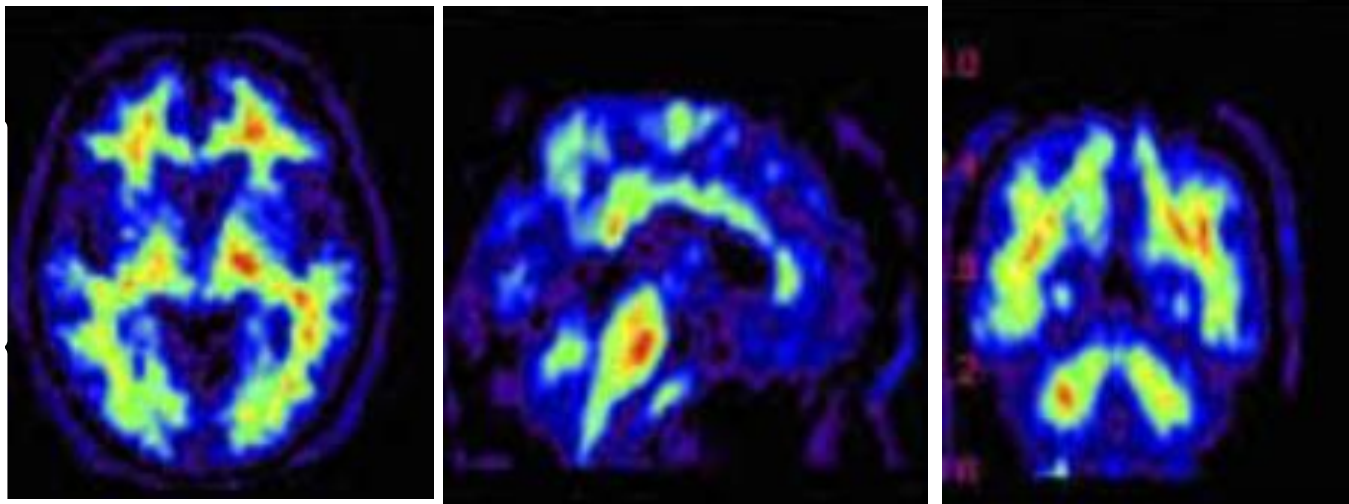
Demenza  
multidominio  
AD frontale ?  
FTD?

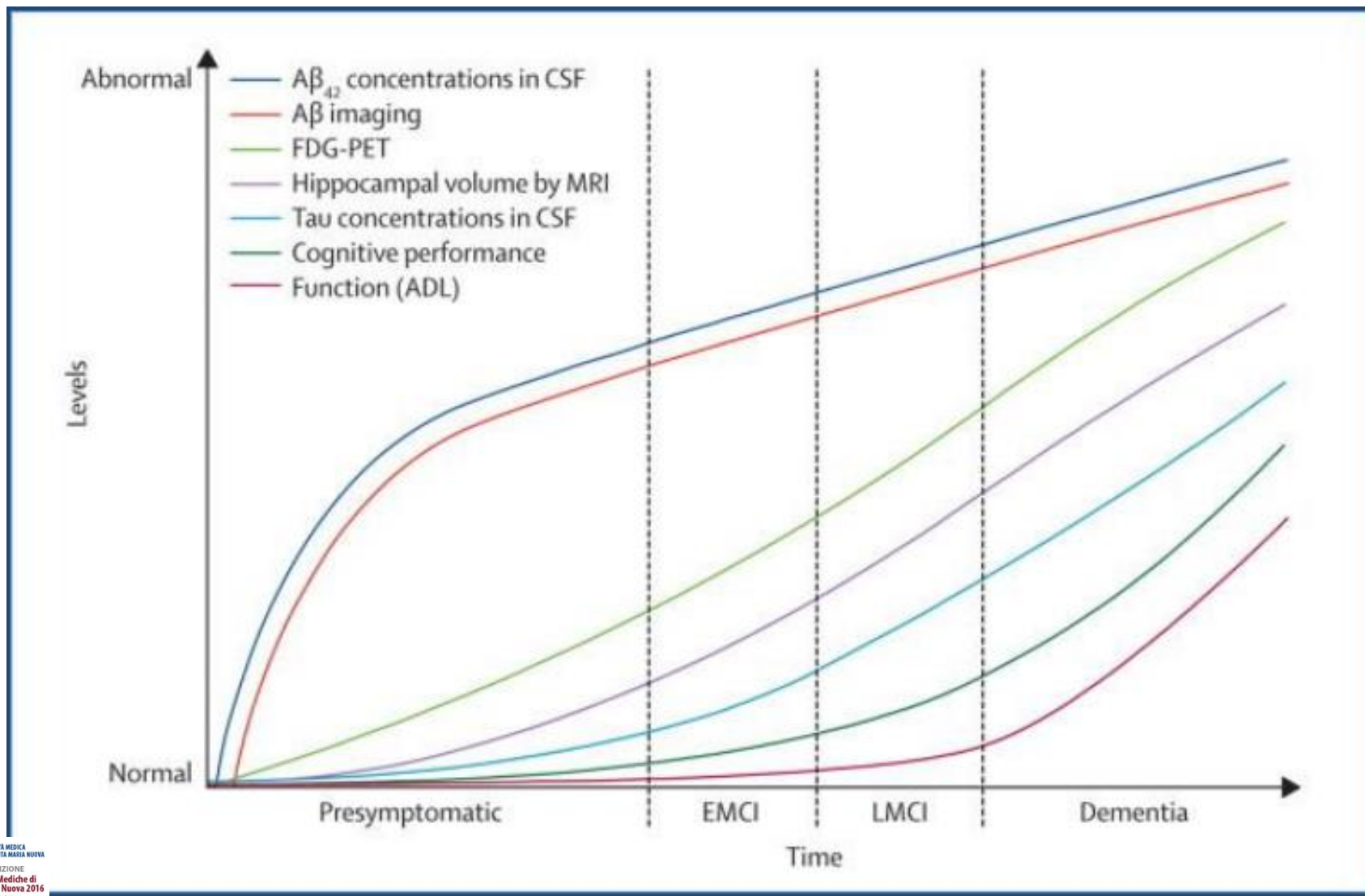
**FTD ?**



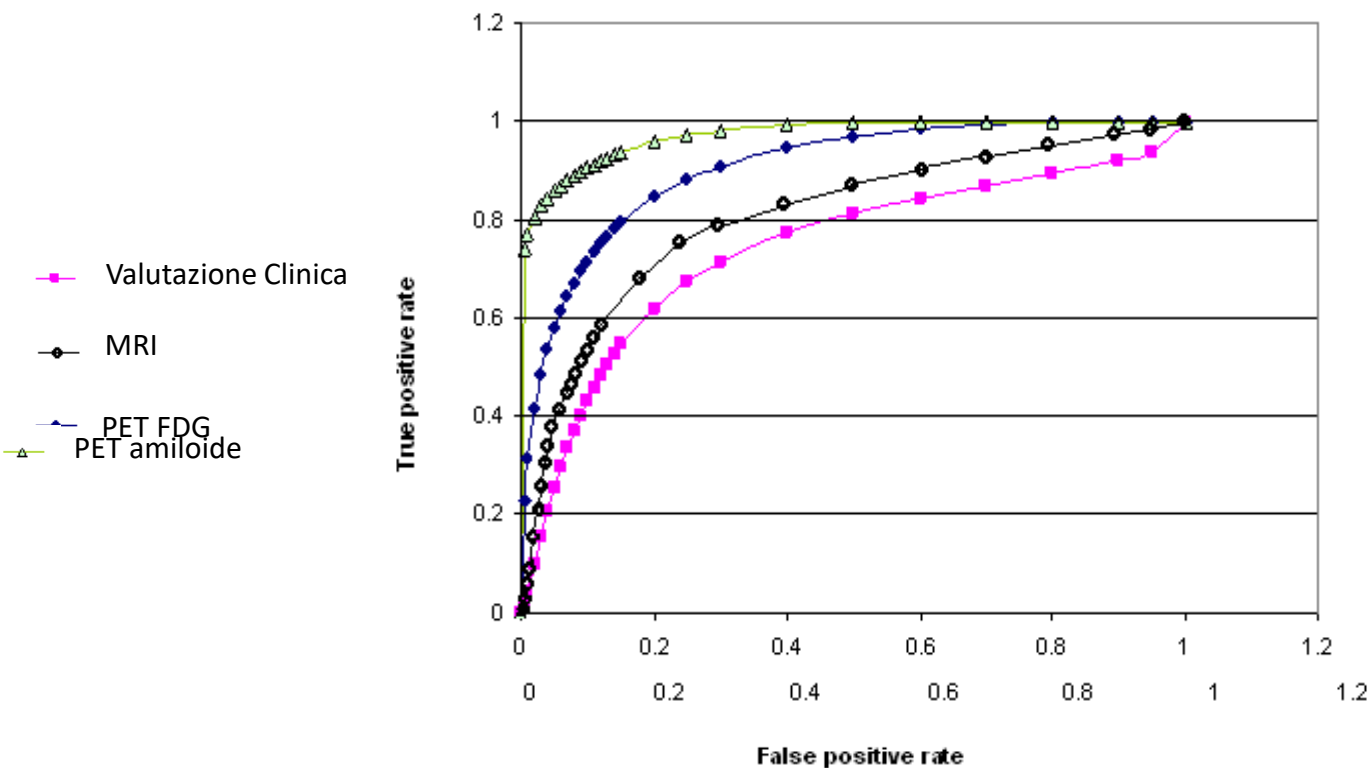
NON  
Captazione  
corticale

**FTD**





## Percorso diagnostico della PET amiloide



Sestini S. 2016

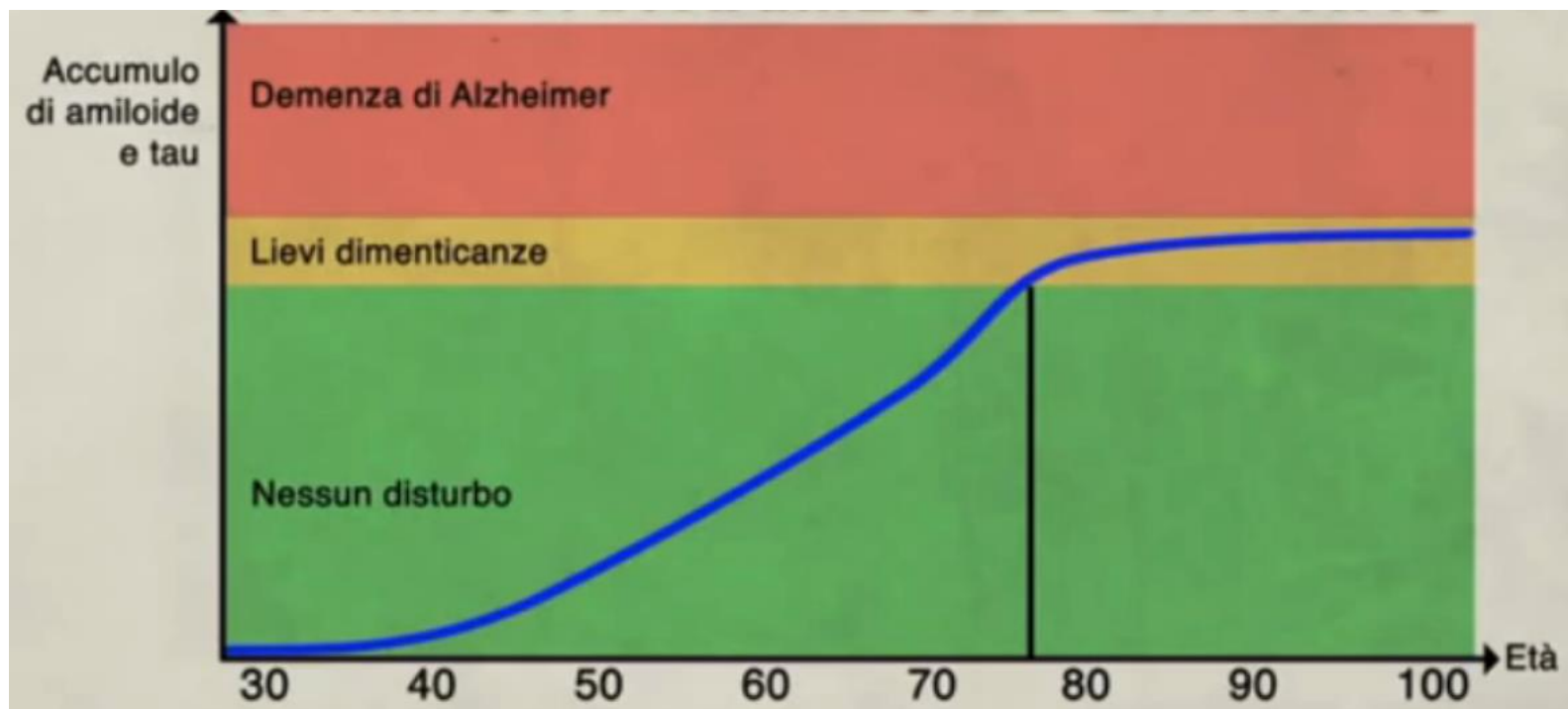
Guerra UP, Nobili FM, Padovani A, Perani D, Pupi A, Sorbi S, Trabucchi M. Recommendations from the Italian Interdisciplinary Working Group (AIMN, AIP, SINDEM) for the utilization of amyloid imaging in clinical practice. *Neurol Sci.* 2015 Jan 24.

# m. neurodegenerative

AD: nuovi farmaci ?

Sono prossimi alla registrazione dei farmaci per prevenire o rimuovere l'accumulo di beta-amiloide ( immunoterapia )

Si pensa che una causa del fallimento di alcuni trials possa dipendere dalla "fase" di malattia --- > una **diagnosi precoce** permetterebbe una terapia mirata, precoce e maggior speranza di successo





# m. neurodegenerative

AD: nuovi farmaci ?

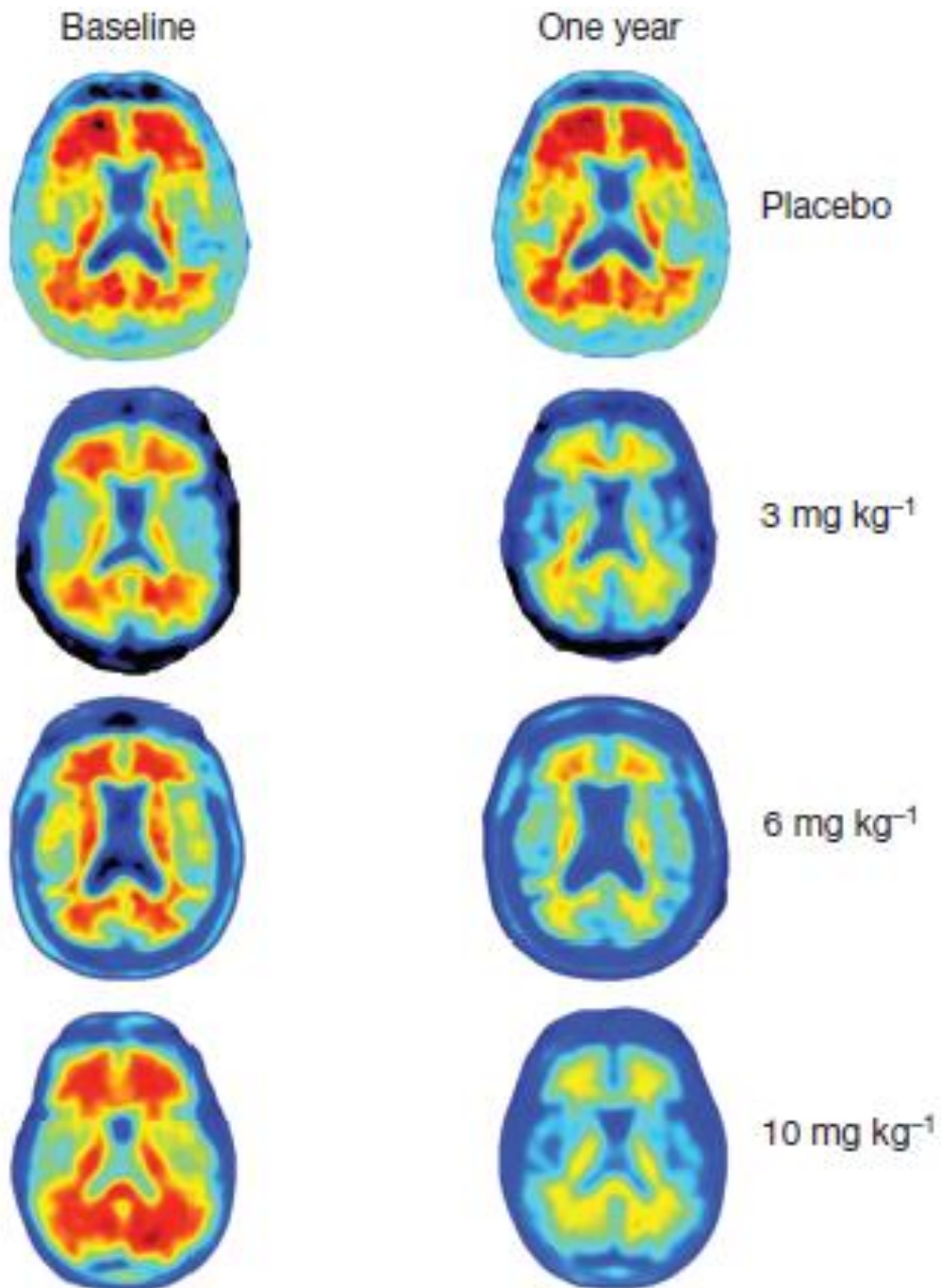
## The antibody aducanumab reduces A $\beta$ plaques in Alzheimer's disease

Jeff Sevigny<sup>1\*</sup>, Ping Chiao<sup>1\*</sup>, Thierry Bussière<sup>1\*</sup>, Paul H. Weinreb<sup>1\*</sup>, Leslie Williams<sup>1</sup>, Marcel Maier<sup>2</sup>, Robert Dunstan<sup>1</sup>, Stephen Salloway<sup>3</sup>, Tianle Chen<sup>1</sup>, Yan Ling<sup>1</sup>, John O'Gorman<sup>1</sup>, Fang Qian<sup>1</sup>, Mahin Arastu<sup>1</sup>, Mingwei Li<sup>1</sup>, Sowmya Chollate<sup>1</sup>, Melanie S. Brennan<sup>1</sup>, Omar Quintero-Monzon<sup>1</sup>, Robert H. Scannevin<sup>1</sup>, H. Moore Arnold<sup>1</sup>, Thomas Engber<sup>1</sup>, Kenneth Rhodes<sup>1</sup>, James Ferrero<sup>1</sup>, Yaming Hang<sup>1</sup>, Alvydas Mikulskis<sup>1</sup>, Jan Grimm<sup>2</sup>, Christoph Hock<sup>2,4</sup>, Roger M. Nitsch<sup>2,4,5</sup> & Alfred Sandrock<sup>1,5</sup>

1 SEPTEMBER 2016 | VOL 537 | NATURE | 51

PET-F18 –A $\beta$  ligand

**Biomarker per  
l'accesso  
Biomarker per  
il monitoraggio**



# m. neurodegenerative

Banol2007/Dreamstime.com

